

\$25

Includes 2 FREE
Manitoba Moose Tickets*.
No purchase necessary.

SHOW & SAVE

BOOK OF SAVINGS

INCLUDES REUSABLE OFFERS

showandsave.com



**SEE COUPONS 113-116
TO RECEIVE TICKET OFFERS
FOR THE WINNIPEG JETS!**



SHOW & SAVE

RULES OF USE

Coupons are not valid with any other specials, discount or promotional offer unless otherwise stated.

Each coupon must have a valid expiry date.

Each coupon may only be used once with the exception of the "Yellow" reusable ones.

Coupons are not valid with any third-party delivery service (Skip, DoorDash, etc.)

For satisfactory service, the tip should equal 15-20% of the total bill BEFORE THE DISCOUNT IS SUBTRACTED.

Please present your coupon(s) before your bill is totalled. For delivery orders please mention coupon(s) when placing your order.

Buy – 1 – Get – 1 Free Dining Offers

The restaurant will deduct the least expensive entrée(s) or menu item(s), up to the maximum discount on the coupon (when stated).

Fun Food / Casual Dining Offers

- One free offer per coupon.
- One bill per group (no separate bills), unless it is the restaurant's normal policy.
- Only one coupon may be used for every two people, up to a **maximum of three coupons per group**.
- Not valid for buffets unless otherwise stated.
- Unless otherwise stated, coupons in the Fun Food section may be used for dine-in and takeout. They are not valid for delivery. Restaurant offers in the Casual Dining section are dine-in only, unless otherwise stated. They are not valid for delivery.

Buy – 1 – Get – 1 Half Price Offers

The restaurant or business will deduct 50% OFF the least expensive item.

Holidays

Coupons stating "not valid on holidays" cannot be used on the following:

Christmas Eve/Day	Father's Day	Labour Day	New Year's Eve/Day	Thanksgiving	Canada Day
Valentine's Day	Easter	Boxing Day	Mother's Day	Good Friday	Remembrance Day

Note: Some restaurants also observe other civic or regionally celebrated holidays. If in doubt, please check with the restaurant.

Disclaimer

This book or any of its offers may not be reproduced in whole or in part without the advance written permission of Show & Save, Winnipeg, Manitoba, Canada. Photocopies of coupons will not be accepted.

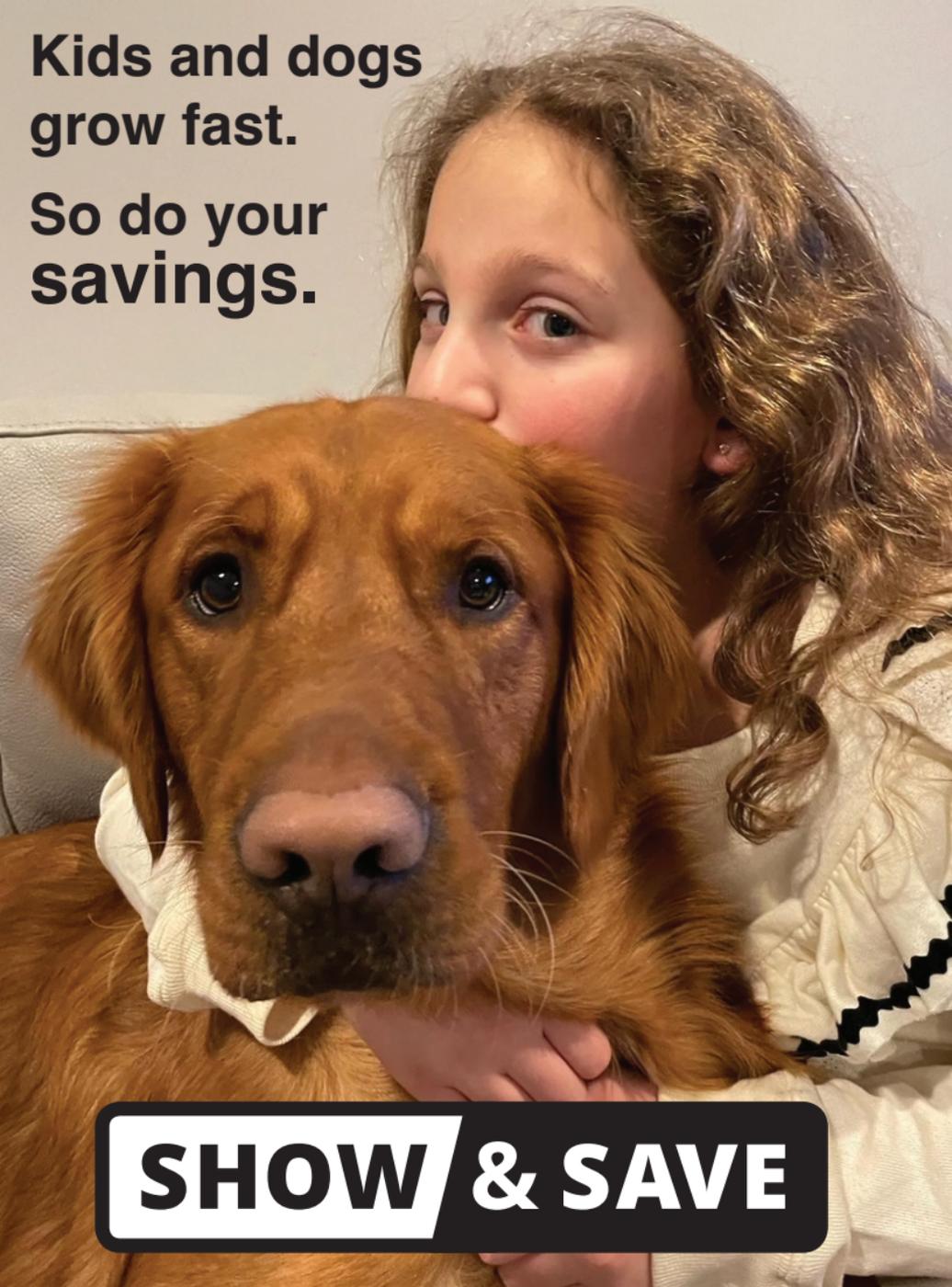
Show & Save does not assume liability for any inaccuracy or error in this publication and will not be responsible if any establishment breaches its contract or refuses to accept coupons or honor the terms and conditions set forth; however, we will attempt to secure compliance.

The Show & Save Book of Savings and Show & Save App are two independent products, unrelated to each other and each sold separately. Despite this, some businesses may be common to both products.

\$25.00 price includes: Show & Save Book of Savings and G.S.T. All sales are final.

**Kids and dogs
grow fast.**

**So do your
savings.**



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• FUN FOOD •

Bagelsmith	041	Qdoba Mexican Eats	037 - 040
Burrito Splendido	029 - 032	Rocky Mountain Chocolate Factory	016
Chachi's Sandwich Bar	007 - 008	Signature Pizza and Salads	049 - 050
Dreamland Diner	052	Sorrento's	012
Frank's Pizza	025 - 026	St. James Burger & Chip Co.	020
Harvest Bakery & Deli	027 - 028	Taco Del Mar	053 - 056
Kernels Popcorn \$	009 - 011	Wendy's \$	001 - 006
Lamar Donair & Burgers	033 - 036		
Marble Slab Creamery \$	045 - 048		
McDonald's	021 - 024		
Mini Donut Factory	019		
New York Fries	013 - 015		
On Tap Frozen Dessert Bar	051		
Pita Pit	017 - 018, 042 - 044		

www.showandsave.com

\$ - Have a Reusable Coupon in the **Show & Save Book**

Yellow = REUSABLE!

All yellow coupons in the Book
mean you can use the coupon

OVER_{AND} OVER!





Wendy's

Valid at all Winnipeg
& Steinbach locations.

SHOW & SAVE

SHOW & SAVE.



Wendy's

Buy any DAVE'S SINGLE, DOUBLE or TRIPLE
or CHICKEN SANDWICH and receive a second one
of equal or lesser value FREE!

(Not valid for delivery. Only for dine-in,
take-out & drive-thru orders)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
001



Wendy's

Valid at all Winnipeg
& Steinbach locations.

SHOW & SAVE

SHOW & SAVE.



Wendy's

FREE UP-SIZE (one level) of your Fry and
Drink with the purchase of any COMBO MEAL.

(Not valid for delivery. Only for dine-in,
take-out & drive-thru orders)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
002



Wendy's

Valid at all Winnipeg
& Steinbach locations.

SHOW & SAVE

SHOW & SAVE.



Wendy's

Buy any COMBO MEAL 1-9 and receive one
KID'S MEAL or VALUE MENU ITEM FREE!

(Not valid for delivery. Only for dine-in,
take-out & drive-thru orders)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
003



Wendy's

Valid at all Winnipeg
& Steinbach locations.

SHOW & SAVE

SHOW & SAVE.



Wendy's

Buy any COMBO MEAL 1-9 and receive one
KID'S MEAL or VALUE MENU ITEM FREE!

(Not valid for delivery. Only for dine-in,
take-out & drive-thru orders)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

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004



Valid at all Winnipeg & Steinbach locations.



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Show & Save
has been helping
non-profit groups raise
money and people save
money since 1991.

For fundraising
information call
(204) 477-4216

or visit our website at
showandsave.com

SHOW & SAVE

PHONE:
(204) 477-4216

E-MAIL:
admin@showandsave.com

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Grosney
PROMOTIONS

Winnipeg, MB

Show & Save makes a
Great Gift!



Wendy's

Valid at all Winnipeg
& Steinbach locations.

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Wendy's

Valid at all Winnipeg
& Steinbach locations.

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CHACHI'S

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

CHACHI'S

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE



Wendy's

Buy one **SINGLE CHEESEBURGER** and receive
a second **SINGLE CHEESEBURGER FREE!**

(Not valid for delivery. Only for dine-in,
take-out & drive-thru orders)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
005



Wendy's

Buy one **FROSTY** and receive a second
FROSTY of equal or lesser value FREE!

(Not valid for delivery. Only for dine-in,
take-out & drive-thru orders)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value

NOT A VALID COUPON
006

CHACHI'S

Buy any **Full Sandwich** or **Full Salad**
and receive one **Small Side FREE!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
007

CHACHI'S

Buy one **Full Sandwich** or **Full Salad**
and receive a second **Sandwich** or **Salad**
of equal or lesser value **FREE!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
008



Valid at all Winnipeg & Steinbach locations.

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Valid at all Winnipeg & Steinbach locations.

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Outlet Collection Winnipeg
Winnipeg, MB
(204) 219-8127

CF Polo Park
Winnipeg, MB
(204) 691-8969

www.chachis.ca

SHOW & SAVE



Outlet Collection Winnipeg
Winnipeg, MB
(204) 219-8127

CF Polo Park
Winnipeg, MB
(204) 691-8969

www.chachis.ca

SHOW & SAVE



canlansports.com

KERNELS 

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

KERNELS 
VOID

Buy one medium bag of your favorite popcorn
and receive a second medium bag of your
favorite popcorn of equal or lesser value **FREE!**

Not valid on cluster items. Subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
009

KERNELS 

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

KERNELS 
VOID

Buy one medium bag of your favorite popcorn
and receive a second medium bag of your
favorite popcorn of equal or lesser value **FREE!**

Not valid on cluster items. Subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
010

KERNELS 

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

KERNELS 
VOID

**10% OFF Small, Medium and
Large Bags of Popcorn!**

Not valid on cluster items. Subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
011

Sorrento's

3900 Grant Ave.
Winnipeg, MB
(204) 837-5063

SHOW & SAVE

SHOW & SAVE.

Sorrento's
VOID

Receive **50% OFF**
the regular price of any one **PIZZA!**
(Take-out only)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
012

KERNELS
VOID

Valid only at:

CF Polo Park
Winnipeg, MB
(204) 775-6894

St. Vital Centre
Winnipeg, MB
(204) 256-8902

SHOW & SAVE

KERNELS
VOID

Valid only at:

CF Polo Park
Winnipeg, MB
(204) 775-6894

St. Vital Centre
Winnipeg, MB
(204) 256-8902

SHOW & SAVE

KERNELS
VOID

Valid only at:

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Winnipeg, MB
(204) 775-6894

St. Vital Centre
Winnipeg, MB
(204) 256-8902

SHOW & SAVE

Sorrento's
VOID

Valid only at 3900 Grant Ave.
Winnipeg, MB
(204) 837-5063

SHOW & SAVE



JETS
GEAR



TrueNorth
SHOP.COM

NYF

newyorkfries

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for locations.**SHOW & SAVE****SHOW & SAVE****NYF**

newyorkfries

See reverse
for locations.**SHOW & SAVE****SHOW & SAVE****NYF**

newyorkfries

See reverse
for locations.**SHOW & SAVE****SHOW & SAVE**CF Polo Park
Winnipeg, MB
(204) 774-4424**SHOW & SAVE****SHOW & SAVE****NYF**

newyorkfries

Buy one Regular Size Fries or Poutine
and receive a second Regular Size Fries
or Poutine of equal or lesser value FREE!® Reg. TM. Recipe Unlimited. Subject to rules of use.
Not valid with any other specials or discount offers.
No cash value.**NYF**

newyorkfries

Buy one Regular Size Fries or Poutine
and receive a second Regular Size Fries
or Poutine of equal or lesser value FREE!® Reg. TM. Recipe Unlimited. Subject to rules of use.
Not valid with any other specials or discount offers.
No cash value.**NYF**

newyorkfries

Buy one Regular Size Fries or Poutine
and receive a second Regular Size Fries
or Poutine of equal or lesser value FREE!® Reg. TM. Recipe Unlimited. Subject to rules of use.
Not valid with any other specials or discount offers.
No cash value.Buy one FUDGE, ROCKY POP, PEANUT BRITTLE
or SEAFOAM and receive a second one of equal
or lesser value for 50% OFF!

(Redeemable in-store only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

013

NOT A VALID COUPON

014

NOT A VALID COUPON

015

NOT A VALID COUPON

016

VOID
NYF
newyorkfries

Valid only at:

CF Polo Park
St. Vital Centre
Winnipeg Outlet Collection

(204) 775-4288
(204) 254-8925
(204) 452-4564

SHOW & SAVE

VOID
NYF
newyorkfries

Valid only at:

CF Polo Park
St. Vital Centre
Winnipeg Outlet Collection

(204) 775-4288
(204) 254-8925
(204) 452-4564

SHOW & SAVE

VOID
NYF
newyorkfries

Valid only at:

CF Polo Park
St. Vital Centre
Winnipeg Outlet Collection

(204) 775-4288
(204) 254-8925
(204) 452-4564

SHOW & SAVE

VOID
ROCKY MTN
CHOCOLATE

Valid only at:

CF Polo Park
Winnipeg, MB
(204) 774-4424

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19
HAIR CARE
LOCATIONS
TO SERVE
YOU



ULTRA CUTS.

ultracuts.ca



See reverse
for locations.

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See reverse
for locations.

SHOW & SAVE

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150-1 Forks Market Rd.
Winnipeg, MB
(204) 253-7600

SHOW & SAVE

SHOW & SAVE.



1866 Ness Ave.
Winnipeg, MB
(204) 414-5599

SHOW & SAVE

SHOW & SAVE.



Buy any PITA or SALAD and receive a CANNED DRINK
and a BAG of CHIPS or 2 COOKIES FREE!

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
017



Receive \$2 OFF any PITA, SALAD or RICE BOWL.

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
018



Buy one DOZEN MINI DONUTS and
receive a second DOZEN MINI DONUTS of
equal or lesser value for HALF PRICE!

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
019



Buy any Burger or Hot Dog and receive
a second Burger or Hot Dog of equal
or lesser value for 50% OFF!

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
020



FRESH THINKING
HEALTHY EATING

Valid only at:

1615 Regent Ave. W. (204) 654-9000
640 Sterling Lyon Pkwy. (204) 254-7482
1400 Ellice Ave. (204) 774-7482



FRESH THINKING
HEALTHY EATING

Valid only at:

1615 Regent Ave. W. (204) 654-9000
640 Sterling Lyon Pkwy. (204) 254-7482
1400 Ellice Ave. (204) 774-7482



150 - 1 Forks Market Rd.
Winnipeg, MB
(204) 253-7600



1866 Ness Ave.
Winnipeg, MB
(204) 414-5599

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THEY WANT MONEY!
GIVE THEM SHOW & SAVE

SHOW & SAVE

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- Use our Coupon Book Fundraiser.
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Interior

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On All Bookings
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- Exterior Wood Staining
 - Brick & Masonry
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- Vinyl & Aluminum Siding
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204 813 1051

MANITOBA CONSTRUCTION
SAFETY ASSOCIATION

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See reverse
for locations.

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SHOW & SAVE.

Buy a Big Mac[®], Quarter Pounder with Cheese[®], McChicken[®], Filet-O-Fish[®], and McMuffin[®] sandwich or 6-piece Chicken McNuggets[®] and get a second same sandwich or 6-piece Chicken McNuggets[®] for FREE!

(Offer not valid with any other offers. Limit one coupon per customer, per visit. Product availability varies by restaurant. Offer excluded from kiosk, delivery and mobile orders. © 2023 McDonald's)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
021



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

Buy a Big Mac[®], Quarter Pounder with Cheese[®], McChicken[®], Filet-O-Fish[®], and McMuffin[®] sandwich or 6-piece Chicken McNuggets[®] and get a second same sandwich or 6-piece Chicken McNuggets[®] for FREE!

(Offer not valid with any other offers. Limit one coupon per customer, per visit. Product availability varies by restaurant. Offer excluded from kiosk, delivery and mobile orders. © 2023 McDonald's)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
022



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

Buy a Big Mac[®], Quarter Pounder with Cheese[®], McChicken[®], Filet-O-Fish[®], and McMuffin[®] sandwich or 6-piece Chicken McNuggets[®] and get a second same sandwich or 6-piece Chicken McNuggets[®] for FREE!

(Offer not valid with any other offers. Limit one coupon per customer, per visit. Product availability varies by restaurant. Offer excluded from kiosk, delivery and mobile orders. © 2023 McDonald's)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
023



See reverse
for locations.

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SHOW & SAVE.

Buy a Big Mac[®], Quarter Pounder with Cheese[®], McChicken[®], Filet-O-Fish[®], and McMuffin[®] sandwich or 6-piece Chicken McNuggets[®] and get a second same sandwich or 6-piece Chicken McNuggets[®] for FREE!

(Offer not valid with any other offers. Limit one coupon per customer, per visit. Product availability varies by restaurant. Offer excluded from kiosk, delivery and mobile orders. © 2023 McDonald's)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
024



VOID

Valid only at:

425 Nathaniel St. 1725 Kenaston Blvd.
1251 Portage Ave. 1440 Ellice Ave.
664 Portage Ave. 1001 Empress St.
2475 Portage Ave. 457 Sterling Lyon Pkwy.
3045 Pembina Hwy.



VOID

Valid only at:

425 Nathaniel St. 1725 Kenaston Blvd.
1251 Portage Ave. 1440 Ellice Ave.
664 Portage Ave. 1001 Empress St.
2475 Portage Ave. 457 Sterling Lyon Pkwy.
3045 Pembina Hwy.



VOID

Valid only at:

425 Nathaniel St. 1725 Kenaston Blvd.
1251 Portage Ave. 1440 Ellice Ave.
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425 Nathaniel St. 1725 Kenaston Blvd.
1251 Portage Ave. 1440 Ellice Ave.
664 Portage Ave. 1001 Empress St.
2475 Portage Ave. 457 Sterling Lyon Pkwy.
3045 Pembina Hwy.

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RAISING MONEY? WE CAN HELP!

No up front cost.

For info call: (204) 477-4216
showandsave.com

SHOW & SAVE



Valid at all Selkirk & Winnipeg locations.

SHOW & SAVE

SHOW & SAVE.



Valid at all Selkirk & Winnipeg locations.

SHOW & SAVE

SHOW & SAVE.



1857 Grant Ave.
Winnipeg, MB
(204) 489-1086

SHOW & SAVE

SHOW & SAVE.



1857 Grant Ave.
Winnipeg, MB
(204) 489-1086

SHOW & SAVE

SHOW & SAVE.



Buy one Large or Medium PIZZA
and receive a second Large or Medium PIZZA
of equal or lesser value for 50% OFF!

(Pick-up only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
025



Buy one 9 piece Chicken Meal
and receive 10 Chicken Wings FREE!

(Pick-up only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
026



Receive 25% OFF
all regular priced PURCHASES!

(Maximum discount \$10.00)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
027



Receive 25% OFF
all regular priced PURCHASES!

(Maximum discount \$10.00)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
028



Valid at all Selkirk & Winnipeg locations.



Valid at all Selkirk & Winnipeg locations.



1857 Grant Ave.
Winnipeg, MB
(204) 489-1086



1857 Grant Ave.
Winnipeg, MB
(204) 489-1086

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+ TIRES

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locations
conveniently
located
throughout
Manitoba



MR. LUBE
+ TIRES



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See reverse
for locations.

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SHOW & SAVE.



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Receive **\$3.00 OFF**
any size Burrito or Salad!

(Dine-in and take-out only. Excludes Barbacoa.
Not valid on May 5th)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
029



Receive **\$2.50 OFF** and a **FREE Fountain Drink**
with the purchase of any size Burrito or Salad!

(Dine-in and take-out only. Excludes Barbacoa.
Not valid on May 5th)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
030



Buy one Burrito and receive a second Burrito
of equal or lesser value for **50% OFF**
plus a **FREE Fountain Drink!**

(Dine-in and take-out only. Excludes Barbacoa.
Not valid on May 5th)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
031



Buy one Burrito, Bowl, Quesadillas, Fajitas or
Salad and receive one order of Chips and Salsa
and one Fountain Drink **FREE!**

(Dine-in and take-out only. Excludes Barbacoa.
Not valid on May 5th)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
032



3380 Portage Ave.
1504 St. Mary's Rd.
Unit 3 - 1570 Regent Ave. W.
1015 King Edward St.
1046 Henderson Hwy.

(204) 885-3889
(204) 257-6127
(204) 654-1507
(204) 632-1177
(204) 632-1177



3380 Portage Ave.
1504 St. Mary's Rd.
Unit 3 - 1570 Regent Ave. W.
1015 King Edward St.
1046 Henderson Hwy.

(204) 885-3889
(204) 257-6127
(204) 654-1507
(204) 632-1177
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3380 Portage Ave.
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(204) 632-1177
(204) 632-1177

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ON ICE SESSIONS

OFF ICE SESSIONS

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SCAN HERE FOR MORE INFORMATION

LAMAR

Donair & Burgers

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

LAMAR

Donair & Burgers

See reverse
for locations.

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SHOW & SAVE

LAMAR

Donair & Burgers

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

LAMAR

Donair & Burgers

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

LAMAR

Donair & Burgers

Buy one Menu Item and receive a second
Menu Item of equal or lesser value FREE!

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

LAMAR

Donair & Burgers

Receive any one item for only \$10!

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

LAMAR

Donair & Burgers

Receive \$5 OFF your purchase of \$20 or more.

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

LAMAR

Donair & Burgers

Buy one Donair, Falafel, Shawarma or Burger
and receive one Order of Fries and one Soft
Drink or Bottle of Water FREE!

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

033

NOT A VALID COUPON

034

NOT A VALID COUPON

035

NOT A VALID COUPON

036

LAMAR

Donair & Burgers

17 - 160 Meadowood Dr. (204) 421-7770
120 Lowson Cres. (431) 278-4424
Cityplace Food Court (431) 336-8136

SHOW & SAVE

LAMAR

Donair & Burgers

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120 Lowson Cres. (431) 278-4424
Cityplace Food Court (431) 336-8136

SHOW & SAVE

LAMAR

Donair & Burgers

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SHOW & SAVE

LAMAR

Donair & Burgers

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120 Lowson Cres. (431) 278-4424
Cityplace Food Court (431) 336-8136

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We design, create and install:

- Granite, Quartz and Porcelain counter tops • Vanity tops
- Dining Room, coffee and end tables
- Custom commercial sinks

Unit 3 - 1201 Grassmere Rd. & 1360 Sargent Ave.
takeusforgranitteinipeg.com



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Buy one ENTREE and receive a second
ENTREE of equal or lesser value FREE!

(Promo code 092)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
037



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Buy one ENTREE and receive one order of
CHIPS and DIP and a REGULAR
FOUNTAIN DRINK FREE!

(Promo code 093)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
038



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Receive 20% OFF
any CATERING order of 20 guests or more.

(Promo code 095)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
039



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Buy 2 Entrees, 2 Regular Fountain Drinks,
and 1 Chips + Dip for \$30.

(Promo code 094)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

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040

QDOBA

MEXICAN EATS®

1340 Ellice Ave. (204) 783-1601
4 - 1659 Kenaston Blvd. (204) 489-0373
20 - 1545 Regent Ave. W. (204) 669-3718
2 - 2315 McPhillips St. (204) 334-1661
831 Dakota St. (204) 253-7768

www.qdoba.com

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4 - 1659 Kenaston Blvd. (204) 489-0373
20 - 1545 Regent Ave. W. (204) 669-3718
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is endless.

So are the
savings.



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- Schools
- Daycares
- Sports teams
- Non-profit groups



For info call:

(204) 477-4216

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See reverse
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SHOW & SAVE

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See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



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for locations.

SHOW & SAVE

SHOW & SAVE.



Buy one Sandwich and receive a second
Sandwich of equal or lesser value **FREE!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
041



Buy any PITA or SALAD and receive a CANNED DRINK
and a BAG of CHIPS or 2 COOKIES **FREE!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
042



Buy any 2 Pitas, 2 Canned Drinks,
2 Bags of Chips (or 4 Cookies) for **\$23.99.**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
043



Buy one Pita and receive a second Pita
of equal or lesser value for **50% OFF!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
044



BAGELSMITH
MONTREAL STYLE BAGELS

185 Carlton St.
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(204) 306-4633

1-1130 Taylor Ave.
Winnipeg, MB
(204) 219-1673



FRESH THINKING
HEALTHY EATING

Valid only at:

33 University Cres.
Winnipeg, MB
(204) 777-7482

2188 McPhillips St.
Winnipeg, MB
(204) 697-3240



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HEALTHY EATING

Valid only at:

33 University Cres.
Winnipeg, MB
(204) 777-7482

2188 McPhillips St.
Winnipeg, MB
(204) 697-3240



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HEALTHY EATING

Valid only at:

33 University Cres.
Winnipeg, MB
(204) 777-7482

2188 McPhillips St.
Winnipeg, MB
(204) 697-3240

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REUSABLE!

SHOW & SAVE

Yellow = REUSABLE
All yellow coupons in the Book
mean you can use the coupon
OVER AND OVER!



949 Corydon Ave.
Winnipeg, MB
(204) 475-0120

SHOW & SAVE

SHOW & SAVE.



VOID
Buy any size **CONE** and receive
a second **CONE** of equal or
lesser value **FREE!**

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

045



949 Corydon Ave.
Winnipeg, MB
(204) 475-0120

SHOW & SAVE

SHOW & SAVE.



VOID
Buy any size **CONE** and receive
a second **CONE** of equal or
lesser value **FREE!**

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

046



949 Corydon Ave.
Winnipeg, MB
(204) 475-0120

SHOW & SAVE

SHOW & SAVE.



VOID
Buy any size **CONE** and receive
a second **CONE** of equal or
lesser value **FREE!**

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

047



949 Corydon Ave.
Winnipeg, MB
(204) 475-0120

SHOW & SAVE

SHOW & SAVE.



VOID
Receive **15% OFF** all purchases.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

048



Valid only at:
949 Corydon Ave.
Winnipeg, MB
(204) 475-0120

SHOW & SAVE



Valid only at:
949 Corydon Ave.
Winnipeg, MB
(204) 475-0120

SHOW & SAVE



Valid only at:
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Valid only at:
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Winnipeg, MB
(204) 475-0120

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RAISING MONEY? WE CAN HELP!

No up front cost.

For info call: (204) 477-4216
showandsave.com

SHOW & SAVE



5120 Roblin Blvd.
Winnipeg, MB
(204) 837-1234

SHOW & SAVE

SHOW & SAVE



Receive **50% OFF** one **Large Pizza!**
(Pick-up only)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
049



5120 Roblin Blvd.
Winnipeg, MB
(204) 837-1234

SHOW & SAVE

SHOW & SAVE



Buy one **Large Pizza** and receive one **Small 2 Topping Pizza** or one **Regular Salad FREE!**
(Pick-up only)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
050



2 - 620 Dakota St.
Winnipeg, MB
(204) 255-9866

SHOW & SAVE

SHOW & SAVE



Buy one **Milk Tea** and receive a **second Milk Tea** of equal or lesser value for **50% OFF!**

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
051



2615 Portage Ave.
Winnipeg, MB
(204) 504-6000

SHOW & SAVE

SHOW & SAVE



Receive a **FREE Milkshake Upgrade** with the purchase of any **Meal Combo.**

(Not valid for delivery)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
052



5120 Roblin Blvd.
Winnipeg, MB
(204) 837-1234
www.signaturepizza.ca



5120 Roblin Blvd.
Winnipeg, MB
(204) 837-1234
www.signaturepizza.ca



2 - 620 Dakota St.
Winnipeg, MB
(204) 255-9866



2615 Portage Ave.
Winnipeg, MB
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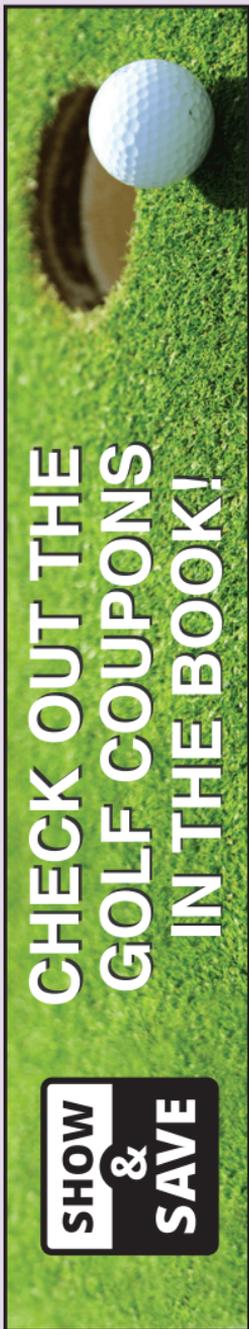
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SHOW & SAVE

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CHECK OUT THE
GOLF COUPONS
IN THE BOOK!



TACO DEL MAR

Valid at all
Manitoba locations.

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SHOW & SAVE.

TACO DEL MAR

Valid at all
Manitoba locations.

SHOW & SAVE

SHOW & SAVE.

TACO DEL MAR

Valid at all
Manitoba locations.

SHOW & SAVE

SHOW & SAVE.

TACO DEL MAR

Valid at all
Manitoba locations.

SHOW & SAVE

SHOW & SAVE.

TACO DEL MAR

Buy one Burrito and receive a second
Burrito of equal or lesser value **FREE!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

TACO DEL MAR

Buy one Burrito Bowl
and receive a second Burrito Bowl
of equal or lesser value for **\$2.99!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

TACO DEL MAR

Buy one Burrito and receive a second
Burrito of equal or lesser value for **\$2.99!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

TACO DEL MAR

Buy three Tacos and receive a fourth
Taco of equal or lesser value **FREE!**

(Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

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053

NOT A VALID COUPON
054

NOT A VALID COUPON
055

NOT A VALID COUPON
056

TACO DEL MAR
VOID

Valid at all Manitoba locations.

TACO DEL MAR
VOID

Valid at all Manitoba locations.

TACO DEL MAR
VOID

Valid at all Manitoba locations.

TACO DEL MAR
VOID

Valid at all Manitoba locations.

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• CASUAL DINING •

Bimi Korean & Japanese Restaurant	060	Original Pancake House \$	057- 059
Cilantro's Restaurant	079 - 080	Pizza Hut	081 - 084
Clay Oven	073 - 076	Seagulls Restaurant & Pier Lounge	088
Coconut Island Thai Cuisine	062	Silver Heights Restaurant	061
Copper Chimney	072	Sorrento's \$	065 - 067
Cora Breakfast & Lunch	069 - 070		
Daltons Restaurant	071		
East India Company	063 - 064		
Humpty's Family Restaurants \$	085 - 087		
Jeffreys Restaurant & Lounge	068		
Nikos Restaurant \$	077 - 078		

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\$ - Have a Reusable Coupon in the **Show & Save Book**

Yellow = REUSABLE!

All yellow coupons in the Book
mean you can use the coupon

OVER_{AND} OVER!





Valid at all
Winnipeg locations.

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Valid at all
Winnipeg locations.

SHOW & SAVE

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Valid at all
Winnipeg locations.

SHOW & SAVE

SHOW & SAVE.



1893 Grant Ave.
Winnipeg, MB
(204) 895-2464

SHOW & SAVE

SHOW & SAVE.



Buy one ENTREE and receive a second
ENTREE of equal or lesser value FREE!

(Not valid for delivery. Maximum discount \$16.00)

Not valid on Sundays or holidays and subject to rules of use.
Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
057



Buy one ENTREE and receive a second
ENTREE of equal or lesser value FREE!

(Not valid for delivery. Maximum discount \$16.00)

Not valid on Sundays or holidays and subject to rules of use.
Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
058



Receive 10% OFF your entire bill.

(Not valid for delivery)

Not valid on holidays and subject to rules of use.
Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
059



KOREAN & JAPANESE RESTAURANT

Buy one House Roll and receive a second
House Roll of equal or lesser value FREE!

(Dine-in only)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
060



Valid at all Winnipeg locations.

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Valid at all Winnipeg locations.

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Valid at all Winnipeg locations.

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Winnipeg, MB
(204) 895-2464

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2169 Portage Ave.
Winnipeg, MB
(204) 889-7246

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SHOW & SAVE.



silver heights
restaurant and lounge

Buy one LUNCH or DINNER ENTREE and
receive a second LUNCH or DINNER ENTREE
of equal or lesser value for 50% OFF!
(Dine-in only)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
061



1607 Pembina Hwy.
Winnipeg, MB
(204) 615-8288

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SHOW & SAVE.



Coconut Island
Thai Cuisine

Receive 15% OFF your entire food bill.
(Before taxes. Not valid for delivery)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
062



349 York Ave.
Winnipeg, MB
(204) 947-3097

SHOW & SAVE

SHOW & SAVE.



Buy one DINNER ENTREE and receive a second
DINNER ENTREE of equal or lesser value FREE!

(Valid after 4:30 pm. Dine-in only. Maximum discount \$11.00)

OR Receive \$2 OFF our BUFFET per person.

(Valid after 4:30 pm. Dine-in only. Valid for up to 2 people)

Not valid on holidays and subject to rules of use. Not valid
with any other specialis or discount offers. No cash value.

NOT A VALID COUPON
063



349 York Ave.
Winnipeg, MB
(204) 947-3097

SHOW & SAVE

SHOW & SAVE.



Buy one DINNER ENTREE and receive a second
DINNER ENTREE of equal or lesser value FREE!

(Valid after 4:30 pm. Dine-in only. Maximum discount \$11.00)

OR Receive \$2 OFF our BUFFET per person.

(Valid after 4:30 pm. Dine-in only. Valid for up to 2 people)

Not valid on holidays and subject to rules of use. Not valid
with any other specialis or discount offers. No cash value.

NOT A VALID COUPON
064

**silver heights**
restaurant and lounge

VOID

2169 Portage Ave.
Winnipeg, MB
(204) 889-7246

www.silverheightsrestaurant.ca

*Coconut Island*
Thai Cuisine

VOID

1607 Pembina Hwy.
Winnipeg, MB
(204) 615-8288

*East India Company*
PUB & EATERY

VOID

349 York Ave.
Winnipeg, MB
(204) 947-3097

*East India Company*
PUB & EATERY

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GAMES

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for locations.

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Sorrento's

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SHOW & SAVE

SHOW & SAVE

Jeffreys

1420 Henderson Hwy.
Winnipeg, MB
(204) 338-7398

SHOW & SAVE

SHOW & SAVE

Sorrento's

Buy one PIZZA, PASTA or SALAD and
receive a second PIZZA, PASTA or SALAD
of equal or lesser value for 50% OFF!

(Dine-in or pick-up only)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

Sorrento's

Buy one PIZZA, PASTA or SALAD and
receive a second PIZZA, PASTA or SALAD
of equal or lesser value for 50% OFF!

(Dine-in or pick-up only)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

Sorrento's

Receive 10% OFF your entire food bill.

(Minimum \$7.00 purchase. Dine-in and pick-up only.
One bill per group)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

**Jeffreys Restaurant
& Lounge**

Buy one ENTREE and receive a second ENTREE
of equal or lesser value for HALF PRICE!

(Dine-in only)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

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065

NOT A VALID COUPON
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NOT A VALID COUPON
067

NOT A VALID COUPON
068

Sorrento's

3900 Grant Ave.
Winnipeg, MB
(204) 837-5063

2200 McPhillips St.
Winnipeg, MB
(204) 925-1020

Sorrento's

3900 Grant Ave.
Winnipeg, MB
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WWW.HOLTDENTAL.CA



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Winnipeg locations.

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Valid at all
Winnipeg locations.

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SHOW & SAVE.

Daltons

1715 Wellington Ave.
Winnipeg, MB
(204) 786-0684

SHOW & SAVE

SHOW & SAVE.



305 Madison St.
Winnipeg, MB
(204) 691-5777

SHOW & SAVE

SHOW & SAVE.



Receive a **FREE FRUIT COCKTAIL** or **SMOOTHIE**
with the purchase of a meal of **\$12.00 or more.**

(Not valid for delivery or online orders. Before taxes.)

One coupon per customer, per visit)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.



Receive one **FREE KID'S MEAL** with
the purchase of one **ADULT MEAL**
of **\$12.00 or more.**

(Maximum 2 free kid's meals per coupon with 2 adult
meals purchased. Not valid for delivery or online orders)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

Daltons

Buy one **LUNCH** or **DINNER ENTREE** and
receive a second **LUNCH** or **DINNER ENTREE**
of equal or lesser value for **50% OFF!**

(Not valid for delivery)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.



Buy one **ENTREE** or **PLATTER** and receive a second
ENTREE or **PLATTER** of equal or lesser value for **50% OFF!**

(Not valid for delivery)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
069

NOT A VALID COUPON
070

NOT A VALID COUPON
071

NOT A VALID COUPON
072



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SHOW & SAVE

SHOW & SAVE



THE GIFT OF MONEY!
THEY WANT MONEY!
GIVE THEM SHOW & SAVE

SHOW & SAVE

**Kids and dogs
grow fast.**

**So do your
savings.**

SHOW & SAVE

NEED MONEY?

LET **SHOW & SAVE**

SHOW YOU HOW!

PERFECT FOR:

- Schools
- Daycares
- Sports teams
- Non-profit groups



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See reverse
for locations.

SHOW & SAVE

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See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



**Buy one order of Regular or Garlic Naan
and receive a second order of Regular
or Garlic Naan of equal or lesser value FREE!**

(Dine-in or take-out only. Maximum 3 coupons per group)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
073



**Buy one ENTREE and receive a second ENTREE
of equal or lesser value for 50% OFF!**

(Dine-in or take-out only. Maximum 3 coupons per group)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
074



**Buy one THALI PLATTER and receive a
second THALI PLATTER of equal or lesser
value for 50% OFF!**

(Dine-in or take-out only. Maximum 3 coupons per group)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
075



**Buy one Chicken Appetizer and receive a
second Chicken Appetizer for 50% OFF!**

(Dine-in or take-out only. Maximum 3 coupons per group)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON
076

VOID
Clay Oven
your East-Indian Tandour

240-1600 Kenaston Common (204) 888-2529
1 Portage Ave. E. (3rd Floor in Blue Cross Park) (204) 982-7426
247 Edmonton St. (Hydro Building) (204) 415-7797

VOID
Clay Oven
your East-Indian Tandour

240-1600 Kenaston Common (204) 888-2529
1 Portage Ave. E. (3rd Floor in Blue Cross Park) (204) 982-7426
247 Edmonton St. (Hydro Building) (204) 415-7797

VOID
Clay Oven
your East-Indian Tandour

240-1600 Kenaston Common (204) 888-2529
1 Portage Ave. E. (3rd Floor in Blue Cross Park) (204) 982-7426

VOID
Clay Oven
your East-Indian Tandour

240-1600 Kenaston Common (204) 888-2529
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247 Edmonton St. (Hydro Building) (204) 415-7797

SHOW & SAVE

REUSABLE!

SHOW & SAVE

Yellow = REUSABLE
All yellow coupons in the Book
mean you can use the coupon
OVER AND OVER!

NIKOS RESTAURANT

740 Corydon Ave.
Winnipeg, MB
(204) 478-1144

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SHOW & SAVE

NIKOS RESTAURANT VOID

Buy one Entree and receive a second Entree
of equal or lesser value for 50% OFF!

(Dine-in & pick-up only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
077

NIKOS RESTAURANT

740 Corydon Ave.
Winnipeg, MB
(204) 478-1144

SHOW & SAVE

SHOW & SAVE

NIKOS RESTAURANT VOID

Receive 10% OFF your entire
food bill of \$15.00 or more.

(Dine-in & pick-up only. Alcohol excluded. Before taxes)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
078



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

Cilantro's VOID

Receive 25% OFF
your purchase of \$40.00 or more!

(Dine-in or take-out only. Alcohol excluded.
Maximum discount \$30.00)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
079



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

Cilantro's VOID

Buy two Entrees and receive a third
Entree of equal or lesser value FREE!

(Take-out only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
080

NIKOS RESTAURANT

740 Corydon Ave.
Winnipeg, MB
(204) 478-1144

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

NIKOS RESTAURANT

740 Corydon Ave.
Winnipeg, MB
(204) 478-1144

725 Gateway Rd.
Winnipeg, MB
(204) 669-9157

1132 Portage Ave.
Winnipeg, MB
(204) 306-6354

725 Gateway Rd.
Winnipeg, MB
(204) 669-9157

1132 Portage Ave.
Winnipeg, MB
(204) 306-6354

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No up front cost.

For info call: (204) 477-4216
showandsave.com

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Valid at participating locations.

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SHOW & SAVE.



Valid at participating locations.

SHOW & SAVE

SHOW & SAVE.



Valid at participating locations.

SHOW & SAVE

SHOW & SAVE.



Valid at participating locations.

SHOW & SAVE

SHOW & SAVE.



Buy one Large Recipe Pizza and receive a second one FREE!

(One time only. All taxes are extra. Coupon code 143)

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VOID

NOT A VALID COUPON

081



Buy one Large Recipe Pizza and receive a second one FREE!

(One time only. All taxes are extra. Coupon code 143)

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VOID

NOT A VALID COUPON

082



Receive 1 Medium 1 Topping Pizza for only \$9.99.

(One time only. All taxes are extra. Coupon code 140)

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VOID

NOT A VALID COUPON

083



Receive 1 Medium 1 Topping Pizza for only \$9.99.

(One time only. All taxes are extra. Coupon code 140)

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VOID

NOT A VALID COUPON

084



VOID

Winnipeg
Steinbach
Selkirk

(204) 987-6543
(204) 326-5555
(204) 785-2211



VOID

Winnipeg
Steinbach
Selkirk

(204) 987-6543
(204) 326-5555
(204) 785-2211



VOID

Winnipeg
Steinbach
Selkirk

(204) 987-6543
(204) 326-5555
(204) 785-2211



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(204) 326-5555
(204) 785-2211

SHOW & SAVE

REUSABLE!

SHOW & SAVE

Yellow = REUSABLE
All yellow coupons in the Book
mean you can use the coupon
OVER AND OVER!



Family Restaurants

2-490 McGillivray Blvd.
Oak Bluff, MB
(204) 895-0007

SHOW & SAVE

SHOW & SAVE



Family Restaurants

Buy one ENTREE and a BEVERAGE and receive
a second ENTREE of equal or lesser value FREE!

(Not valid for delivery. Maximum discount \$20.00)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

085



Family Restaurants

2-490 McGillivray Blvd.
Oak Bluff, MB
(204) 895-0007

SHOW & SAVE

SHOW & SAVE



Family Restaurants

Buy one ENTREE and a BEVERAGE and receive
a second ENTREE of equal or lesser value FREE!

(Not valid for delivery. Maximum discount \$20.00)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

086



Family Restaurants

2-490 McGillivray Blvd.
Oak Bluff, MB
(204) 895-0007

SHOW & SAVE

SHOW & SAVE



Family Restaurants

10% OFF your entire food bill.

(Not valid for delivery. Before taxes, excluding alcohol)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

087



10 Centre St.
Gimli, MB
(204) 642-8565

SHOW & SAVE

SHOW & SAVE



SEAGULLS RESTAURANT & PIER LOUNGE

Buy one LUNCH or DINNER ENTREE and
receive a second LUNCH or DINNER ENTREE
of equal or lesser value for 50% OFF!

(Not valid for delivery)

Not valid on holidays and subject to rules of use. Not valid
with any other specials or discount offers. No cash value.

NOT A VALID COUPON

088



Family Restaurants

2 - 4900 McGillivray Blvd.
Oak Bluff, MB
(204) 895-0007

SHOW & SAVE



Family Restaurants

2 - 4900 McGillivray Blvd.
Oak Bluff, MB
(204) 895-0007

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Family Restaurants

2 - 4900 McGillivray Blvd.
Oak Bluff, MB
(204) 895-0007

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SEAGULLS RESTAURANT & PIER LOUNGE

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GEAR



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• GOLF •

Delahunt Golf & Country Club	091	Ridgewood South Golf Course	098
Girouxsaalem Golf & Country Club	097	Shooters Family Golf Centre	099
Granite Hills Golf Course	092	Shooters Family Restaurant	100
La Broquerie Golf Course	095 - 096	Winkler Centennial Golf Club	093
Larters at St. Andrews Golf & Country Club	089 - 090		
Lundar Co-Op Golf & Country Club	094		

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30 River Rd.
St. Andrews, MB
(204) 334-2107

SHOW & SAVE

SHOW & SAVE.



30 River Rd.
St. Andrews, MB
(204) 334-2107

SHOW & SAVE

SHOW & SAVE.

**DELAHUNT
GOLF & COUNTRY
CLUB INC.**

Treherne, MB
(204) 723-2502

SHOW & SAVE

SHOW & SAVE.



20 mins. NE of
Lac Du Bonnet
off Cape Coppermine Rd.
Lac Du Bonnet, MB
(204) 345-4653

SHOW & SAVE

SHOW & SAVE.



**Buy three GREEN FEES and receive a fourth
GREEN FEE of equal or lesser value FREE!**

(Valid Wednesday to Friday after 10 am. Weekends & holidays after 1pm)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
089



**Buy three GREEN FEES and receive a fourth
GREEN FEE of equal or lesser value FREE!**

(Valid Wednesday to Friday after 10 am. Weekends & holidays after 1pm)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
090

**DELAHUNT GOLF
& COUNTRY CLUB INC.**

**Buy one GREEN FEE and receive a second
GREEN FEE of equal or lesser value FREE!**

(Valid anytime Mon., Thurs. & Fri.; Tues. & Wed. until 4pm;
Weekends & holidays after 1pm. Tournaments & Club Functions excluded)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
091



**Buy three regular GREEN FEES and receive a fourth
regular GREEN FEE of equal or lesser value FREE!**

(Valid only Monday-Thursday anytime.
Holidays, tournaments and leagues excluded)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
092



30 River Rd.
St. Andrews, MB
(204) 334-2107
www.larters.com



30 River Rd.
St. Andrews, MB
(204) 334-2107
www.larters.com



Treherne, MB
(204) 723-2502



20 mins. NE of Lac Du Bonnet off Cape Coppermine Rd.
Lac Du Bonnet, MB
(204) 345-4653
granitehills.ca

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE



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**SCAN
ME!**





400 - 15th St.
Winkler, MB
(204) 325-7582

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SHOW & SAVE.



Buy three **GREEN FEES** and receive a fourth **GREEN FEE** of equal or lesser value **FREE!**

(Tournament and league play excluded)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
093

Lundar Co-Op Golf
& Country Club

Junction Hwy # 6
& R.R. 419
Lundar, MB
(204) 762-5877

SHOW & SAVE

SHOW & SAVE.

**Lundar Co-Op Golf
& Country Club**

Buy one **GREEN FEE** and receive a second **GREEN FEE** of equal or lesser value **FREE!**

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
094



La Broquerie, MB
(888) 424-5046
www.Labgolf.ca

SHOW & SAVE

SHOW & SAVE.



Buy one **GREEN FEE** and receive a second **GREEN FEE** of equal or lesser value **FREE!**

(Valid anytime. Regular rates apply. Book by phone.
Tournaments excluded)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
095



La Broquerie, MB
(888) 424-5046
www.Labgolf.ca

SHOW & SAVE

SHOW & SAVE.



Buy three **GREEN FEES** and receive a fourth **GREEN FEE** of equal or lesser value **FREE!**

(Valid anytime. Regular rates apply. Book by phone.
Tournaments excluded)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
096



Winkler Centennial Golf Course
400 - 15th St.
Winkler, MB
(204) 325-7582

SHOW & SAVE



Lunder Co-Op Golf
& Country Club
Junction Hwy # 6 & R.R. 419
Lunder, MB
(204) 762-5877

SHOW & SAVE



La Broquerie, MB
(888) 424-5046
www.Labgolf.ca

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La Broquerie, MB
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SHOW & SAVE

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GIVE THEM **SHOW & SAVE**

SHOW
&
SAVE



Hwy. 311 East
Steinbach, MB
(204) 326-5722

SHOW & SAVE

SHOW & SAVE



Buy one **GREEN FEE** and receive a second
GREEN FEE of equal or lesser value FREE!

(Valid Mon-Fri anytime. Holidays & weekends only after 3pm.
League, Tournament and Twilight Play excluded)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
097



Off Hwy. 311 East
Steinbach, MB
(204) 326-5722

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SHOW & SAVE

RIDGEWOOD SOUTH



Buy one **GREEN FEE** and receive a second
GREEN FEE of equal or lesser value FREE!

(Valid Monday-Saturday anytime. Sundays before noon.
League, Tournament and Twilight Play excluded)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
098



2731 Main St.
Winnipeg, MB
(204) 339-2326

SHOW & SAVE

SHOW & SAVE



Buy 2 Large Buckets of Balls for only \$22.

(Grass buckets \$2 extra)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
099



2731 Main St.
Winnipeg, MB
(204) 339-2326

SHOW & SAVE

SHOW & SAVE



Receive 15% OFF up to 4 Entrées (Dine-in only) OR
Receive 20% OFF up to 4 Entrées (Take-out only).

(Beverages not included)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
100

GIRoux SALEM



Hwy. 311 East

(Off Hwy. 12, 4 miles down Hwy. 311, next to Ridgewood South)

Steinbach, MB

(204) 326-5722

RIDGEWOOD SOUTH



Off Hwy. 311 East on road to Quarry Oaks

Steinbach, MB

(204) 326-5722



Shooters
FAMILY GOLF CENTRE

2731 Main St.

Winnipeg, MB

(204) 339-2326



Shooters
RESTAURANT

2731 Main St.

Winnipeg, MB

(204) 339-2326

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Wendy's

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B & Z Inflatable Bouncers	128	Shapes	108
Billy Mosienko Lanes	130	Thunder Rapids	121 - 124
Crock A Doodle	131	Time Lapse Escape Rooms	125 - 126
Fit Body Boot Camp	127	Westwood Lanes & Games	129
Fort Whyte Alive	107	Winnipeg Goldeyes	109 - 110
Jack Pott's Thrill Zone	117	Winnipeg Jets	113 - 116
Le Musee De Saint-Boniface Museum	118		
Manitoba Moose	101 - 106		
Paintball Paradise	111 - 112		
Park'N Fly	132		
Rossmere Lanes	119 - 120		

www.showandsave.com

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Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.



Receive 2 FREE Tickets to one of the following
Manitoba Moose games: Jan. 23, Jan. 24, Mar. 19 & Mar. 20
(No purchase necessary. Redeem at Canada Life Centre Box Office.
Subject to seat availability. Valid for 2023-24 regular season only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

101 NOT A VALID COUPON



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.



Buy one Ticket to any Friday game and receive a second
Ticket to any Friday game of equal or lesser value FREE!

(Friday games: Dec. 1, Dec. 15, Dec. 29, Jan. 19, Feb. 23 &
Mar. 29. Redeem at Canada Life Centre Box Office. Subject to
seat availability. Valid for 2023-24 regular season only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

102 NOT A VALID COUPON



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.



Buy one P2 Ticket to any game in December
for only \$22 (Regular price \$37).

(Redeem at Canada Life Centre Box Office. Excluding Dec. 31.
Max. 4 tickets per coupon. Subject to seat availability.
Valid for 2023-24 regular season only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

103 NOT A VALID COUPON



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.



Buy one Ticket to any game in January and
receive a second Ticket to any game in January
of equal or lesser value FREE!

(Redeem at Canada Life Centre Box Office. Subject to seat availability.
Valid for 2023-24 regular season only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

104 NOT A VALID COUPON



Canada Life Centre
300 Portage Ave.
Winnipeg, MB
moosehockey.com/tickets



Canada Life Centre
300 Portage Ave.
Winnipeg, MB
moosehockey.com/tickets



Canada Life Centre
300 Portage Ave.
Winnipeg, MB
moosehockey.com/tickets



Canada Life Centre
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moosehockey.com/tickets

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14-1504

St. Mary's Road

3-1570

Regent Ave. West

1015

King Edward Street

A-1046

Henderson Hwy.

www.burritosplendido.com



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.

VOID

Buy one Ticket to any game in February and receive a second Ticket to any game in February of equal or lesser value FREE!

(Excluding Feb.19. Redeem at Canada Life Centre Box Office. Subject to seat availability. Valid for 2023-24 regular season only)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

105



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.

VOID

Buy one Ticket to any game in March or April and receive a second Ticket to any game in March or April of equal or lesser value FREE!

(Redeem at Canada Life Centre Box Office. Subject to seat availability. Valid for 2023-24 regular season only)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

106



FortWhyte Alive
HUMAN. NATURE.

1961 McCreary Rd.
Winnipeg, MB
(204) 989-8355

SHOW & SAVE

SHOW & SAVE.

VOID

FortWhyte Alive
HUMAN. NATURE.

Buy one ADMISSION and receive a second ADMISSION of equal or lesser value FREE!

(Valid for up to 2 Free Admissions)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

107



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

VOID

SHAPES®
Fitness Centres

Receive one FREE 7 day VIP PASS!

(1 week free. No purchase necessary. First time Winnipeg residents only. 1 per customer. Includes classes and hot yoga. See club for details)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

108

VOID



Canada Life Centre
300 Portage Ave.
Winnipeg, MB
moosehockey.com/tickets

SHOW & SAVE

VOID



Canada Life Centre
300 Portage Ave.
Winnipeg, MB
moosehockey.com/tickets

SHOW & SAVE

VOID



FortWhyte Alive
HUMAN. NATURE.

1961 McCreary Rd.
Winnipeg, MB
(204) 989-8355

SHOW & SAVE

VOID

SHAPES[®]
Fitness Centres

2535 McPhillips St.	(204) 989-5280
21 - 1910 Pembina Hwy.	(204) 989-7050
11 - 1150 Nairn Ave.	(204) 989-6628
3340 Portage Ave.	(204) 889-7934
1325 Henderson Hwy.	(204) 989-5333
180 - 115 Vermillion Rd.	(204) 989-7572

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19
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CARE
LOCATIONS
TO SERVE
YOU



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CUTS.

ultracuts.ca



Winnipeg Goldeyes
1 Portage Ave. E.
Winnipeg, MB
(204) 982-BASE

SHOW & SAVE

SHOW & SAVE.



Winnipeg Goldeyes
1 Portage Ave. E.
Winnipeg, MB
(204) 982-BASE

SHOW & SAVE

SHOW & SAVE.



Valid at all
Manitoba locations.
(204) 338-1535

SHOW & SAVE

SHOW & SAVE.



Valid at all
Manitoba locations.
(204) 338-1535

SHOW & SAVE

SHOW & SAVE.



VOID
Buy one **TICKET** and receive a second **TICKET**
of equal or lesser value **FREE!**

(Valid at Goldeyes Box Office only. Valid only for regular season single game tickets from May to September 2024)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
109



VOID
Buy one **TICKET** and receive a second **TICKET**
of equal or lesser value **FREE!**

(Valid at Goldeyes Box Office only. Valid only for regular season single game tickets from May to September 2024)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
110



VOID
2 can play for the price of 1.

(Purchase any regular priced individual player package and receive 2 admissions, 2 equipment rentals and split the paintballs amongst 2 players)

(Open year round. Valid only during regular operating hours)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
111



VOID
2 can play for the price of 1.

(Purchase any regular priced individual player package and receive 2 admissions, 2 equipment rentals and split the paintballs amongst 2 players)

(Open year round. Valid only during regular operating hours)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
112



VOID
Winnipeg Goldeyes
1 Portage Ave. E.
Winnipeg, MB
(204) 982-BASE



VOID
Winnipeg Goldeyes
1 Portage Ave. E.
Winnipeg, MB
(204) 982-BASE



VOID
Valid at all Manitoba locations.
(204) 338-1535
www.paintballparadise.com



VOID
Valid at all Manitoba locations.
(204) 338-1535
www.paintballparadise.com

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SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

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For info call: (204) 477-4216
showandsave.com

SHOW & SAVE



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.

Receive a ticket to a Winnipeg Jets game for only \$50!
Valid for the January 9 or January 16 game.

(Redeem at Canada Life Centre Box Office. Subject to seat availability in upper bowl. Limit of 6 tickets per coupon. Valid for 2023-2024 regular season only. Taxes and fees included)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
113



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.

Receive a ticket to a Winnipeg Jets game for only \$50!
Valid for the February 14 or February 27 game.

(Redeem at Canada Life Centre Box Office. Subject to seat availability in upper bowl. Limit of 6 tickets per coupon. Valid for 2023-2024 regular season only. Taxes and fees included)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
114



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.

Receive a ticket to a Winnipeg Jets game for only \$60!
Valid for the March 5 or March 13 game.

(Redeem at Canada Life Centre Box Office. Subject to seat availability in upper bowl. Limit of 6 tickets per coupon. Valid for 2023-2024 regular season only. Taxes and fees included)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
115



Canada Life Centre
300 Portage Ave.
Winnipeg, MB

SHOW & SAVE

SHOW & SAVE.

Receive a ticket to a Winnipeg Jets game for only \$60!
Valid for the April 1 or April 16 game.

(Redeem at Canada Life Centre Box Office. Subject to seat availability in upper bowl. Limit of 6 tickets per coupon. Valid for 2023-2024 regular season only. Taxes and fees included)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
116

VOID

Canada Life Centre
300 Portage Ave.
Winnipeg, MB
winnipegjets.com/tickets

SHOW & SAVE

VOID

Canada Life Centre
300 Portage Ave.
Winnipeg, MB
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(204) 477-4216

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is endless.

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savings.



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Jack Potts
Thrill Zone



Unit 2

1609 Regent Ave. W.
Winnipeg, MB
(204) 654-4412

SHOW & SAVE

SHOW & SAVE



494 Tache Ave.
Winnipeg, MB
(204) 237-4500

SHOW & SAVE

SHOW & SAVE



1042 Henderson Hwy.
Winnipeg, MB
(204) 334-3627

SHOW & SAVE

SHOW & SAVE



1042 Henderson Hwy.
Winnipeg, MB
(204) 334-3627

SHOW & SAVE

SHOW & SAVE

Jack Potts
Thrill Zone



Buy a minimum of \$10.00 in **TOKENS**
and receive the same amount of **TOKENS FREE!**

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
117



Buy one **DAILY PASS** and receive a second **DAILY PASS**
FREE! OR Receive **15% OFF** all Voyageur Sashes.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
118



Buy 60 minutes of bowling and receive
an additional 30 minutes **FREE!**

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
119



Receive **\$10.00 OFF**
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Buy one GO-KART RIDE and receive
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or lesser value FREE!

(One coupon per customer per visit)

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Buy one WATERGUN BUMPER BOATS
and receive a second WATERGUN BUMPER BOATS
of equal or lesser value FREE!

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Buy one BATTING CAGES (up to 5 batting tokens)
and receive a second BATTING CAGES (up to 5
batting tokens) of equal or lesser value FREE!

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Buy one MINI-GOLF and receive a second
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**FIT BODY
BOOTCAMP**

Receive 2 months of unlimited membership
for the price of 1 month for only \$150.

(Valid for new members only)

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B&Z INFLATABLE BOUNCERS

Receive \$40 OFF any Bouncer Rental OR Receive one additional Rental Hour FREE with any Bouncer Rental.
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Park'N Fly Indoor Valet
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SHOW & SAVE

SHOW & SAVE.



Receive \$10 OFF the regular price of
ONE HOUR OF BOWLING!

(Not valid for league play)

Not valid on holidays and subject to rules of use.
Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

129



Receive \$10 OFF the regular price of
ONE HOUR OF BOWLING!

(Not valid for league play)

Not valid on holidays and subject to rules of use.
Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

130



Receive 15% OFF your total purchase.

(Maximum discount \$20.00)

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specials or discount offers. No cash value.

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131



PARK'N FLY.

RESERVE and receive 20% OFF* when you park
at Park'N Fly Indoor Valet Airport Parking.

(*Reservation required to receive discount. Enter discount code 966747
at time of reservation on the Park'N Fly app or at www.parknfly.ca.
Discount off regular rack rate. Valid at Park'N Fly Winnipeg Valet only.
Taxes and surcharges apply)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

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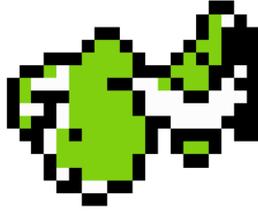


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Only available at the Winnipeg Jets Gear Stores.

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Receive 15% OFF your entire regular priced
purchase at any Jets Gear Store!

(Coupon must be presented at time of purchase.)

Only available at the Winnipeg Jets Gear Stores.

One time use per coupon. Some exceptions may apply)

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Receive 10% OFF all SERVICES.

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Park 'N Fly Indoor Valet
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(204) 808-7883

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RESERVE and receive 20% OFF* when you park
at Park 'N Fly Indoor Valet Airport Parking.

(*Reservation required to receive discount. Enter discount code 966747

at time of reservation on the Park 'N Fly app or at www.parknfly.ca.

Discount off regular rack rate. Valid at Park 'N Fly Winnipeg Valet only.

Taxes and surcharges apply)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

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CF Polo Park
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(204) 254-8776
(204) 783-5387
(204) 663-5387



JETS GEAR

Canada Life Centre
St. Vital Centre
CF Polo Park
Kildonan Place

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(204) 254-8776
(204) 783-5387
(204) 663-5387



St. Vital Centre, Kildonan Place, Grant Park, Garden City,
Seasons of Tuxedo, Bridgwater Forest,
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**Receive 10% OFF
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**Receive 10% OFF
all regular priced purchases!**

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we fit
you
**Canadian
Footwear**
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**Receive 10% OFF
all regular priced purchases!**

(Not valid for Birkenstock, Blundstone or
FootHealth Centre products)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

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**Receive 10% OFF
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Receive 25% OFF the regular price
of any garment drycleaning order.

(Laundered shirts, rugs & fur excluded. Must present coupon
with incoming order. Maximum discount \$10.00 tax included)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
141



Receive 25% OFF the regular price
of any garment drycleaning order.

(Laundered shirts, rugs & fur excluded. Must present coupon
with incoming order. Maximum discount \$10.00 tax included)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
142



Receive 25% OFF the regular price
of any garment drycleaning order.

(Laundered shirts, rugs & fur excluded. Must present coupon
with incoming order. Maximum discount \$10.00 tax included)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
143



Receive 25% OFF the regular price
of any garment drycleaning order.

(Laundered shirts, rugs & fur excluded. Must present coupon
with incoming order. Maximum discount \$10.00 tax included)

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(Laundered shirts, rugs & fur excluded. Must present coupon
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**Family
Foods**

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FamilyFoods

10% OFF all purchases over \$25.00
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Not valid with "10% Off Family Day" promotion.
Some exceptions may apply. See store for details)

Subject to rules of use. Not valid with any other
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1 - 120 Donald St.
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FamilyFoods

10% OFF all purchases over \$25.00
(After deduction of manufacturers coupons)

(Not valid for delivery. Excluding tobacco, lotto and stamps.
Not valid with "10% Off Family Day" promotion.
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Revolutions Salon & Spa – Kildonan Place, St. Vital Centre, CF Polo Park
St. Vital Unisex – St. Vital Centre

Modern Man Barbershop – St. Vital Centre, Kildonan Place, Grant Park,
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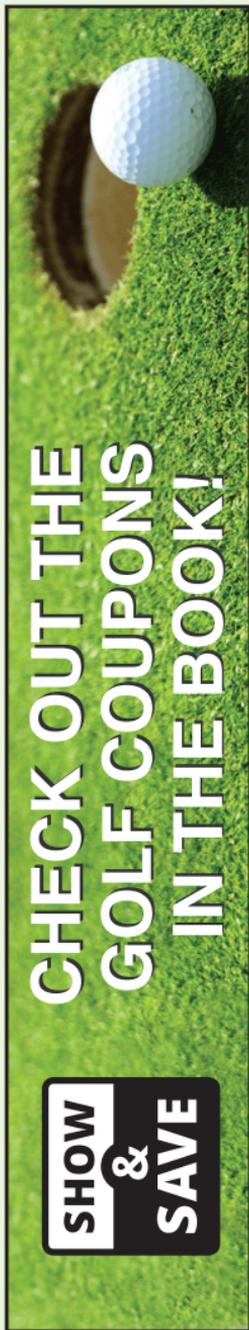
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Receive one **FREE** Skate Sharpening
(No purchase necessary) **OR** Receive
20% OFF all regular priced purchases.

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any Mixed Cut Bouquet for **\$49.99**
(regular price **\$59.99**).

(In-store use only. Wire orders excluded)

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154

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Receive **15% OFF** your next **CAR WASH**.
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THE **BUGGY BATH**

Receive **25% OFF** your next **CAR WASH**.
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THE BUGGY BATH

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Uptown
SPORTS CARDS
AND COLLECTIBLES

VOID

Receive 15% OFF
all regular priced merchandise.

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

157

Cantor's
"The Home of Quality Meats"

1445 Logan Ave.
Winnipeg, MB
(204) 774-1679

SHOW & SAVE

SHOW & SAVE

Cantor's
"The Home of Quality Meats"

VOID

Receive 10% OFF
any purchase of \$50.00 or more!

(Excluding social packages, freezer beef, sides of pork, reward programs, online orders & deliveries)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON

158

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Winnipeg, MB
(204) 774-1679

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NOT A VALID COUPON

160

★ *Uptown* ★
SPORTS CARDS
AND COLLECTIBLES

2nd Floor Portage Place Mall
Winnipeg, MB
(204) 885-3377
uptownsportswinnipeg.com

SHOW & SAVE



SHOW & SAVE



SHOW & SAVE



SHOW & SAVE

canlansports.com

Cantor's
"The Home of Quality Meats"

1445 Logan Ave.
Winnipeg, MB
(204) 774-1679

Cantor's
"The Home of Quality Meats"

1445 Logan Ave.
Winnipeg, MB
(204) 774-1679

Cantor's
"The Home of Quality Meats"

1445 Logan Ave.
Winnipeg, MB
(204) 774-1679

ULTRACUTS

Valid at all
Manitoba locations.

SHOW & SAVE

SHOW & SAVE

ULTRACUTS
Professional Haircare Centers

Receive \$5 OFF Adult Cuts.
(Code #100)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
161

ULTRACUTS

Valid at all
Manitoba locations.

SHOW & SAVE

SHOW & SAVE

ULTRACUTS
Professional Haircare Centers

Receive \$2 OFF a Child's Cut.
(Code #056)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
162

ULTRACUTS

Valid at all
Manitoba locations.

SHOW & SAVE

SHOW & SAVE

ULTRACUTS
Professional Haircare Centers

Receive \$10 OFF Colours.
(Code #057)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
163

ULTRACUTS

Valid at all
Manitoba locations.

SHOW & SAVE

SHOW & SAVE

ULTRACUTS
Professional Haircare Centers

Receive 15% OFF all Products.
(Code 104)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
164

ULTRACUTS
Professional Haircare Centers
Valid at all Manitoba locations.

ULTRACUTS
Professional Haircare Centers
Valid at all Manitoba locations.

ULTRACUTS
Professional Haircare Centers
Valid at all Manitoba locations.

ULTRACUTS
Professional Haircare Centers
Valid at all Manitoba locations.

SHOW & SAVE

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SHOW & SAVE

SHOW & SAVE

RAISING MONEY? WE CAN HELP!
No up front cost.

For info call: (204) 477-4216
showandsave.com

SHOW & SAVE

A dog's love
is endless.

So are the
savings.



SHOW & SAVE

NEED MONEY?

LET **SHOW & SAVE**

SHOW YOU HOW!

PERFECT FOR:

- Schools
- Daycares
- Sports teams
- Non-profit groups



For info call:

(204) 477-4216

showandsave.ca

FOODFARE

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

AM FOODFARE

Receive \$5.00 OFF
all purchases of \$50.00 or more!

(After deduction of manufacturers coupons)

(Excluding delivery charges, taxes, tobacco, lotto, bus tickets & stamps.
Some exceptions may apply. See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
165

FOODFARE

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

AM FOODFARE

Receive \$5.00 OFF
all purchases of \$50.00 or more!

(After deduction of manufacturers coupons)

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Some exceptions may apply. See store for details. PLU #445)

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NOT A VALID COUPON
166

FOODFARE

See reverse
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AM FOODFARE

Receive \$5.00 OFF
all purchases of \$50.00 or more!

(After deduction of manufacturers coupons)

(Excluding delivery charges, taxes, tobacco, lotto, bus tickets & stamps.
Some exceptions may apply. See store for details. PLU #445)

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specials or discount offers. No cash value.

NOT A VALID COUPON
167

FOODFARE

See reverse
for locations.

SHOW & SAVE

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AM FOODFARE

Receive \$5.00 OFF
all purchases of \$50.00 or more!

(After deduction of manufacturers coupons)

(Excluding delivery charges, taxes, tobacco, lotto, bus tickets & stamps.
Some exceptions may apply. See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
168

AM FOODFARE

2285 Portage Ave. (204) 885-2381
905 Portage Ave. (204) 987-8849
115 Maryland St. (204) 772-1250
247 Lilac St. (204) 475-6738
839 Cavalier Dr. (204) 889-8892

AM FOODFARE

2285 Portage Ave. (204) 885-2381
905 Portage Ave. (204) 987-8849
115 Maryland St. (204) 772-1250
247 Lilac St. (204) 475-6738
839 Cavalier Dr. (204) 889-8892

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247 Lilac St. (204) 475-6738
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115 Maryland St. (204) 772-1250
247 Lilac St. (204) 475-6738
839 Cavalier Dr. (204) 889-8892

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

**THE GIFT OF MONEY!
THEY WANT MONEY!
GIVE THEM**

SHOW & SAVE

SHOW & SAVE

FOODFARE

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

FOODFARE

Receive 10% OFF
all purchases of \$100.00 or more!

(After deduction of manufacturers coupons)

(Excluding delivery charges, taxes, tobacco, lotto, bus tickets & stamps.
Some exceptions may apply. See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
169

FOODFARE

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

FOODFARE

Receive 10% OFF
all purchases of \$100.00 or more!

(After deduction of manufacturers coupons)

(Excluding delivery charges, taxes, tobacco, lotto, bus tickets & stamps.
Some exceptions may apply. See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
170

FOODFARE

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

FOODFARE

Receive 10% OFF
all purchases of \$100.00 or more!

(After deduction of manufacturers coupons)

(Excluding delivery charges, taxes, tobacco, lotto, bus tickets & stamps.
Some exceptions may apply. See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
171

FOODFARE

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE

FOODFARE

Receive 10% OFF
all purchases of \$100.00 or more!

(After deduction of manufacturers coupons)

(Excluding delivery charges, taxes, tobacco, lotto, bus tickets & stamps.
Some exceptions may apply. See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
172

 **FOODFARE**
VOID

2285 Portage Ave. (204) 885-2381
905 Portage Ave. (204) 987-8849
115 Maryland St. (204) 772-1250
247 Lilac St. (204) 475-6738
839 Cavalier Dr. (204) 889-8892

 **FOODFARE**
VOID

2285 Portage Ave. (204) 885-2381
905 Portage Ave. (204) 987-8849
115 Maryland St. (204) 772-1250
247 Lilac St. (204) 475-6738
839 Cavalier Dr. (204) 889-8892

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247 Lilac St. (204) 475-6738
839 Cavalier Dr. (204) 889-8892

SHOW & SAVE**SHOW & SAVE****SHOW & SAVE****SHOW & SAVE****RAISING MONEY? WE CAN HELP!**
No up front cost.

For info call: (204) 477-4216
showandsave.com

SHOW & SAVE



Inside Hockey
For All Centre.
(204) 926-2868

SHOW & SAVE

SHOW & SAVE.



Receive one **FREE** Skate Sharpening
(No purchase necessary) **OR** Receive **25% OFF**
all regular priced purchases.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

173

NOT A VALID COUPON

174



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Receive one **FREE** Disc Repair!

(No purchase necessary. Valid in-store only)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

174

NOT A VALID COUPON

175



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Use code **SHOWSAVE10** on **PNPGAMESONLINE.COM**
at checkout (Shipping destination must be within Manitoba)
or redeem this coupon in-store for **10% OFF** a single
used video game title.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

175

NOT A VALID COUPON

176



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Receive **10% Extra Trade-In Credit** when
trading Playstation 5, Nintendo Switch,
and Xbox Series X Software titles.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

176



Located inside Hockey For All Centre
(Formerly the Iceplex)

Winnipeg, MB
(204) 926-2868

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE



Unit 2 - 915 McLeod Ave. (204) 663-4436
Unit 1 - 2609 Portage Ave. (204) 415-7968
Unit 8 - 160 Meadowood Dr. (204) 255-7529

PNPGAMESONLINE.COM



Unit 2 - 915 McLeod Ave. (204) 663-4436
Unit 1 - 2609 Portage Ave. (204) 415-7968
Unit 8 - 160 Meadowood Dr. (204) 255-7529

PNPGAMESONLINE.COM



Unit 2 - 915 McLeod Ave. (204) 663-4436
Unit 1 - 2609 Portage Ave. (204) 415-7968
Unit 8 - 160 Meadowood Dr. (204) 255-7529

PNPGAMESONLINE.COM



Wendy's

For Great Savings
See Coupons 001-006

CanCentral
SPORTS CARDS & MEMORABILIA

101-995 Milt Stegall Dr.
Winnipeg, MB
(204) 775-9631

SHOW & SAVE

SHOW & SAVE.

CanCentral
SPORTS CARDS & MEMORABILIA

Receive 25% OFF all in-stock Supplies
(Top Loaders, One Touches, Pages, Sleeves,
Cardboard Boxes, Binders and more).

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
177



Unit 5 - 1609 Regent Ave. W.
Winnipeg, MB
(204) 654-1362

SHOW & SAVE

SHOW & SAVE.



Receive 25% OFF the regular price or 10% OFF
the sale price of any CUSTOM FRAMING
PACKAGE and/or IN-STOCK MERCHANDISE.

(Coupon must be presented at time of purchase. Maximum discount \$75.00)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
178

MR. LUBE.
+ TIRES

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

MR. LUBE.
+ TIRES

Receive \$10 OFF any Oil Change (Coupon code SS10)
OR \$15 OFF any additional Maintenance Service
(Coupon code SS15) OR \$25 OFF Maintenance
and Oil Change (Coupon code SS25)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
179

MR. LUBE.
+ TIRES

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

MR. LUBE.
+ TIRES

Receive \$10 OFF any Oil Change (Coupon code SS10)
OR \$15 OFF any additional Maintenance Service
(Coupon code SS15) OR \$25 OFF Maintenance
and Oil Change (Coupon code SS25)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
180



CanCentral
SPORTS CARDS & MEMORABILIA

101-995 Milt Stegall Dr.
Winnipeg, MB
(204) 775-9631

info@cancentralsportscards.com



Unit 5 - 1609 Regent Ave. W.
Winnipeg, MB
(204) 654-1362
www.butisitart.ca

MR. LUBE.
+ TIRES

1076 Nairn Ave. (204) 661-8189
232 St. Anne's Rd. (204) 254-3293
640 St. James St. (204) 783-5823
2051 McPhillips St. (204) 334-6213
686 Sterling Lyon Pkwy. (204) 453-9030
1712 Rosser Ave, Brandon, MB (204) 729-8497

MR. LUBE.
+ TIRES

1076 Nairn Ave. (204) 661-8189
232 St. Anne's Rd. (204) 254-3293
640 St. James St. (204) 783-5823
2051 McPhillips St. (204) 334-6213
686 Sterling Lyon Pkwy. (204) 453-9030
1712 Rosser Ave, Brandon, MB (204) 729-8497

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

**STAY INFORMED.
SIGN UP FOR OUR NEWSLETTER!**

Visit showandsave.com

NEED MONEY?

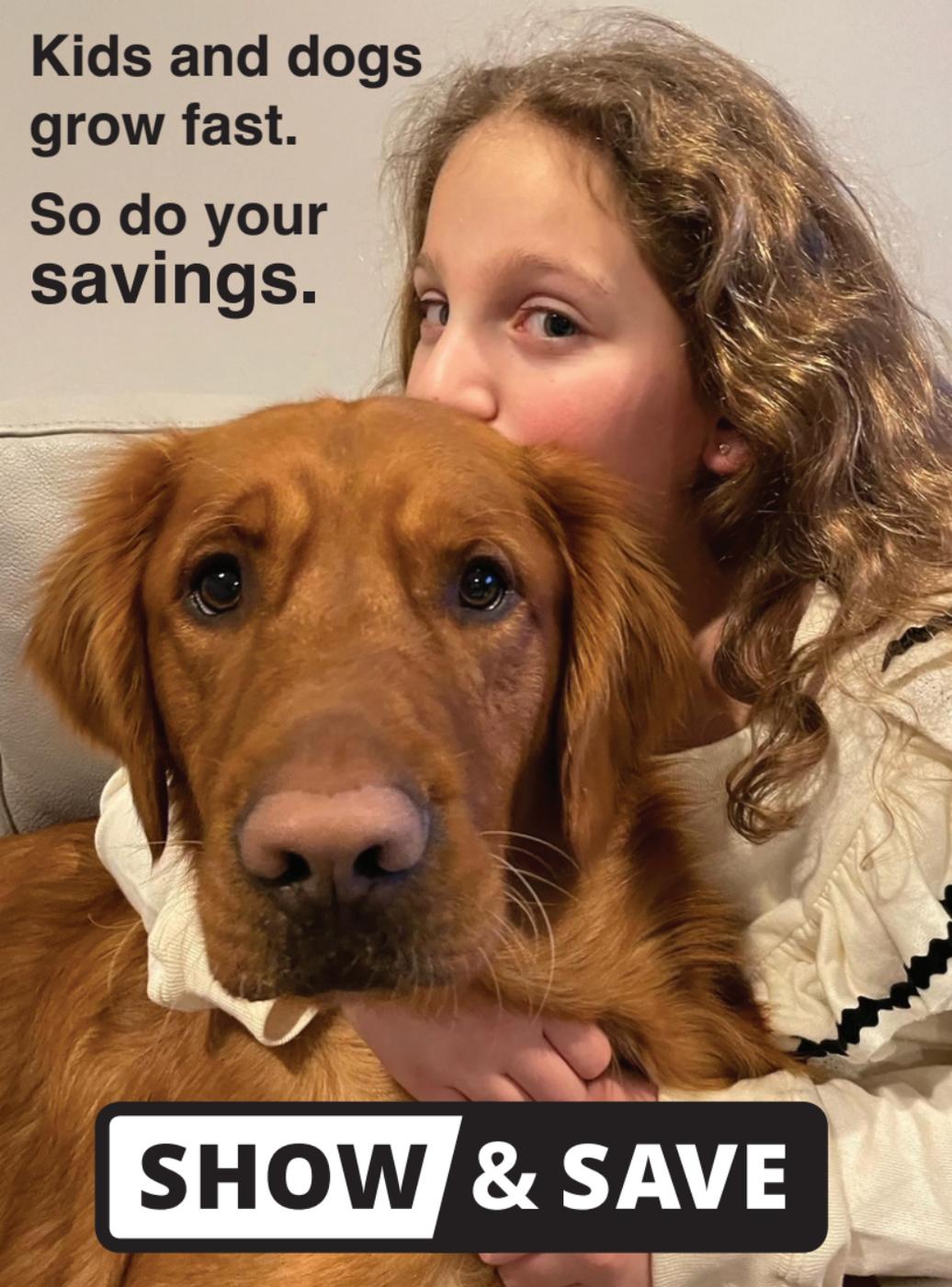


- Use our Coupon Book Fundraiser.
- Perfect for schools, daycares, sports teams and more!
- No up front cost.
- Earn up to 50% profit!

Call (204) 477-4216 to get started!
showandsave.ca

**Kids and dogs
grow fast.**

**So do your
savings.**



SHOW & SAVE



5571 Highway #9
St. Andrews, MB
(204) 338-7538

SHOW & SAVE

SHOW & SAVE.



Receive \$5.00 OFF
all purchases of \$50.00 or more!

(Excluding tobacco and lotto. Some exclusions may apply.
See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

181



5571 Highway #9
St. Andrews, MB
(204) 338-7538

SHOW & SAVE

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Receive \$5.00 OFF
all purchases of \$50.00 or more!

(Excluding tobacco and lotto. Some exclusions may apply.
See store for details. PLU #445)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON

182



5571 Highway #9
St. Andrews, MB
(204) 338-7538

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See store for details. PLU #445)

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NOT A VALID COUPON

183



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St. Andrews, MB
(204) 338-7538

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(Excluding tobacco and lotto. Some exclusions may apply.
See store for details. PLU #445)

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NOT A VALID COUPON

184



5571 Highway #9
St. Andrews, MB
(204) 338-7538



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St. Andrews, MB
(204) 338-7538



5571 Highway #9
St. Andrews, MB
(204) 338-7538



5571 Highway #9
St. Andrews, MB
(204) 338-7538

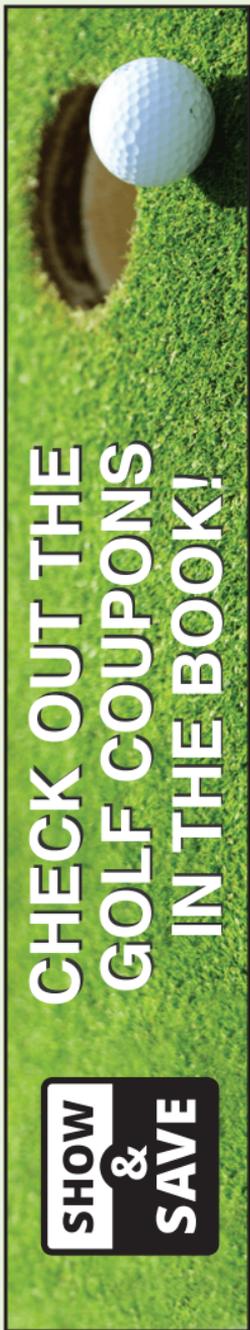
SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

CHECK OUT THE
GOLF COUPONS
IN THE BOOK!





See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Receive \$20 OFF any Full Synthetic
Oil Change OR \$10 OFF any Semi-Synthetic
or Conventional Oil Change.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
185



See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Receive 20% OFF any Service.

(Excluding Oil Change)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
186



Beausejour

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Beausejour

10% OFF all purchases over \$50.00

(After deduction of manufacturers coupons. Maximum discount \$20.00)

(Not valid for delivery or online orders. Sale items excluded.
Excluding tobacco and gift cards.

Some exceptions may apply. See store for details)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
187



Beausejour

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.



Beausejour

10% OFF all purchases over \$50.00

(After deduction of manufacturers coupons. Maximum discount \$20.00)

(Not valid for delivery or online orders. Sale items excluded.
Excluding tobacco and gift cards.

Some exceptions may apply. See store for details)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

NOT A VALID COUPON
188



LUBE

1089 Ellice Ave.
395 Goulet St.
611 Main St., Winkler, MB

(204) 772-3340
(204) 255-8990
(204) 325-8100



LUBE

1089 Ellice Ave.
395 Goulet St.
611 Main St., Winkler, MB

(204) 772-3340
(204) 255-8990
(204) 325-8100



Beausejour

Beausejour location:
605 Park Ave.
Beausejour, MB
(204) 268-2605

Oakbank location:
20 Co-op Dr.
Oakbank, MB
(204) 444-5535



Beausejour

Beausejour location:
605 Park Ave.
Beausejour, MB
(204) 268-2605

Oakbank location:
20 Co-op Dr.
Oakbank, MB
(204) 444-5535

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

RAISING MONEY? WE CAN HELP!

No up front cost.

For info call: (204) 477-4216
showandsave.com

SHOW & SAVE

Big D
Skate Shoppe



91 Hunterspoint Rd.
Winnipeg, MB
(204) 805-3982

SHOW & SAVE

SHOW & SAVE.

FABRICARE
DRY CLEANERS Since 1970

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

FABRICARE
DRY CLEANERS Since 1970

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

FABRICARE
DRY CLEANERS Since 1970

See reverse
for locations.

SHOW & SAVE

SHOW & SAVE.

Big D
Skate Shoppe 
VOID
Receive one **FREE Skate Sharpening!**
(No purchase necessary)

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

189 NOT A VALID COUPON

FABRICARE
DRY CLEANERS Since 1970
VOID
Receive **30% OFF**
the regular price of any drycleaning order.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

190 NOT A VALID COUPON

FABRICARE
DRY CLEANERS Since 1970
VOID
Receive **25% OFF**
the regular price of any drycleaning order.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

191 NOT A VALID COUPON

FABRICARE
DRY CLEANERS Since 1970
VOID
Receive **25% OFF**
the regular price of any drycleaning order.

Subject to rules of use. Not valid with any other
specials or discount offers. No cash value.

192 NOT A VALID COUPON

Big D
Skate Shoppe



91 Hunterspoint Rd.
Winnipeg, MB
(204) 805-3982

bigdskateshoppe.weebly.com

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

FABRICARE
DRY CLEANERS



Visit our website at fabricaredrycleaners.com
for locations, or call (204) 943-4044

FABRICARE
DRY CLEANERS



Visit our website at fabricaredrycleaners.com
for locations, or call (204) 943-4044

FABRICARE
DRY CLEANERS



Visit our website at fabricaredrycleaners.com
for locations, or call (204) 943-4044

RAISING MONEY? WE CAN HELP!

No up front cost.

For info call: (204) 477-4216
showandsave.com

SHOW & SAVE



See reverse for locations.

SHOW & SAVE

**LORETTE
PHARMACIE
DUFRESNE**

10 - 1321 Dawson Rd.
Lorette, MB
(204) 878-4122

SHOW & SAVE



See reverse for locations.

SHOW & SAVE



See reverse for locations.

SHOW & SAVE

SHOW & SAVE.

SHOW & SAVE.

SHOW & SAVE.

SHOW & SAVE.



Receive \$5.00 OFF your purchase of \$20.00 or more on any GENTLY USED ITEMS!

(Sale items excluded)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.



**LORETTE
PHARMACIE
DUFRESNE**

Receive 20% OFF all non-prescription purchases.

(Maximum discount \$15.00)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.



**PARTY
STUFF**

www.partystuff.ca



Receive \$5.00 OFF any purchase of \$25.00 or more OR \$10.00 OFF any purchase of \$50.00 or more!

(Coupon must be presented at time of purchase. One coupon per person per visit. Event rentals excluded)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.



**PARTY
STUFF**

www.partystuff.ca



Receive \$5.00 OFF any purchase of \$25.00 or more OR \$10.00 OFF any purchase of \$50.00 or more!

(Coupon must be presented at time of purchase. One coupon per person per visit. Event rentals excluded)

Subject to rules of use. Not valid with any other specials or discount offers. No cash value.

NOT A VALID COUPON
193

NOT A VALID COUPON
194

NOT A VALID COUPON
195

NOT A VALID COUPON
196

Once
upon a
child

VOID

Unit 2A - 1600 Regent Ave. W.
Winnipeg, MB
(204) 669-5437

1330 Ellice Ave.
Winnipeg, MB
(204) 786-2229

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

SHOW & SAVE

PharmaChoice

VOID

LORETTE
PHARMACIE
DUFRESNE

10 - 1321 Dawson Rd.
Lorette, MB
(204) 878-4122



PARTY
STUFF

www.partystuff.ca



925 Milt Stegall Dr.
1530 Regent Ave. W.
1765 Kenaston Blvd.

(204) 786-8756
(204) 222-3393
(204) 222-7822

THE GIFT OF MONEY!
THEY WANT MONEY!
GIVE THEM

SHOW & SAVE

SHOW
&
SAVE



PARTY
STUFF

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